



Today's Essential Health & Productivity Tools

✓ stop stress damage ✓ increase productivity ✓ reclaim lost time costs ✓ produce healthier people

Stress Damage Chain Reactions

Primary source of most illness & lost time costs

STRESS FACTS

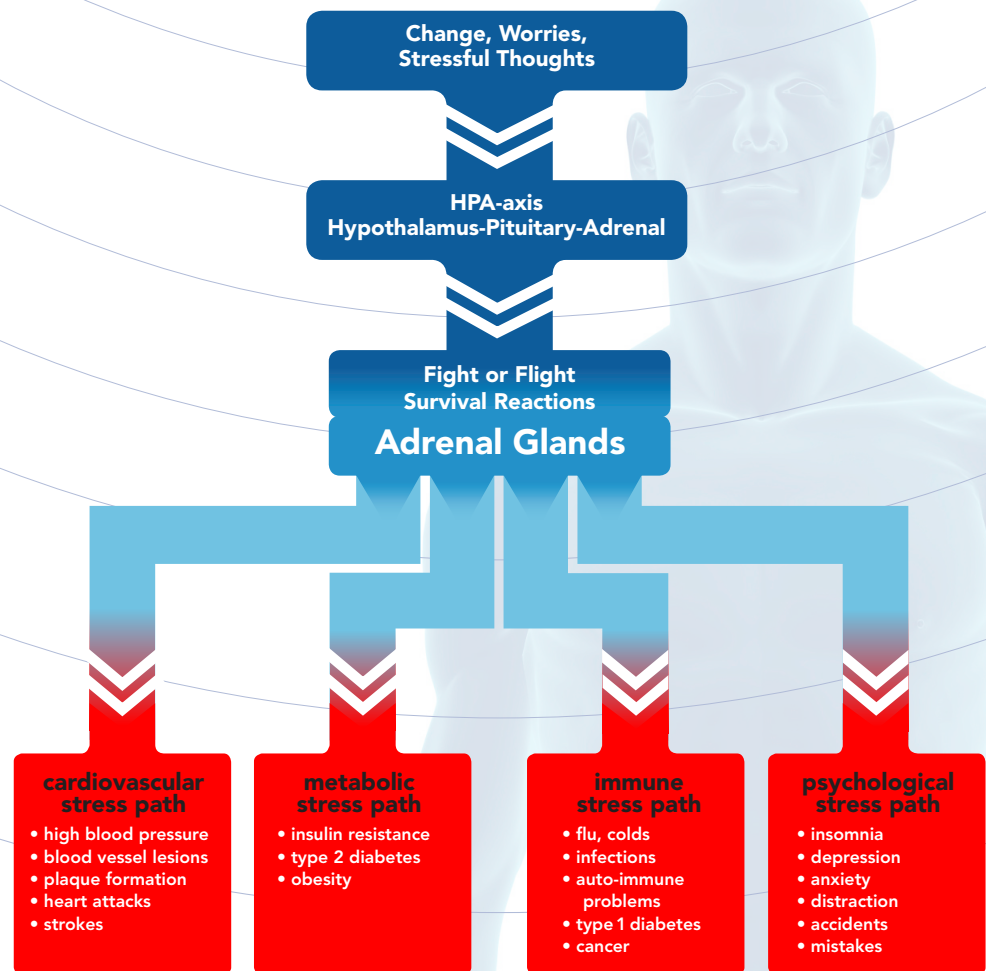
DID YOU KNOW:

60% - 90% of all primary care doctor visits are stress-related
Harvard Business Review

50% of absenteeism is stress-related
European Agency for Safety & Health (USA workers)

HOW?

Stressful thoughts trigger hundreds of stress damage chain reactions daily, progressively causing symptoms, illness and disease along four major stress pathways. Stress damage is now preventable. Significant health gains, productivity increases and financial savings result.



STOP THE CHAIN REACTION – USE THE REFRESH BUTTON