



Thriving Solutions

The Genius Focus That Improves Life

*Producing
Healthier
People*

*"Staff response was
extraordinarily positive."*

Catherine Tracy
Chief Deputy, LA County Dept.
of Children's Services

*"Great, compact and
time-saving."*

Omar A. Askari
President & CEO,
United Technical Services,
United Arab Emirates

*"Participants raved about these
techniques to eliminate stress
damage, resulting in a grounds-
well demand for more classes.
Our governmental organization
is under increasing pressure to
respond to growing & changing
work demands with ever-
decreasing staff resources. It
makes sense to incorporate
stress elimination techniques
like **THRIVING**[™] into health
care management strategy.
Calm employees make better
decisions & fewer mistakes.*

Mary Wohleb
Training Program Manager,
King County Water &
Land Resources Division

In this uplifting training, you will discover a special focusing key for better living, business success and optimal mind/body health. Thriving is humanity's next step. As you apply this Thriving focus to all challenges, problems, difficulties and decisions, your life increasingly improves. Not "problem-solving", the Thriving Solutions Focus is essential for creating solutions. This healthier use of the mind boosts immune strength. Plus, it gives positive life direction, develops intuition, motivates and uplifts emotions.

Artists and visionaries use this focus to spark the genius of innovation - now an essential core competency. New products, services, methodologies and technologies are rapidly changing how we live. Those who can creatively integrate information into practical applications will successfully navigate the future.

People need new focusing tools to comfortably cope with rapid global change. Decisions aligned with the direction of change have great advantage. These Thriving tools give a new understanding of how to create genuine prosperity.

The human mind operates in mental patterns. Stress locks our focus into illness-producing mental patterns of negativity & problems that weaken the immune system, amplifying fear, anger, frustration & depression.

Enjoy the powerful "Big Lever" – how to move your mind into "Thriving" and engage the five health-producing mental patterns of solutions.

Lifelong Skills & Valuable Benefits:

- Uplift and stabilize focus with healthier, positive mental functioning
- Stop mental worrying & unhealthy negativity, without denial of reality
- Streamline meetings and greatly improve effectiveness
- Increase personal satisfaction & feel more positive – on & off the job
- Re-direct negativity & problems into solutions and accomplishment
- Profit from better communications to others and to yourself
- Accelerate goal-achievement, enhance teamwork and cultivate cooperation
- Enjoy the valuable messages stress delivers to successfully navigate change

For maximal training results, each participant will want to bring genuine business or personal challenges to solve.

Methodology

Practical application of attention-focusing mechanics, psychoneuroimmunology & transformational linguistics

